



**BOONSLICK HEARTLAND YMCA
ADULT Co-Ed SOFTBALL LEAGUE**

**Rules and Code of Conduct
2020**



YMCA Adult Sports and Recreation Philosophy:

We believe in sports, fun and exploring new interests are not just for the young.

Along with improving health, whenever teamwork is involved, there's the added benefit of being connected to others. At the Y, there's no such thing as being too old to get in the game.

Welcome to the 2020 season of Adult Co-Ed Softball. Things look a little different this year in many ways but we are hoping for a great season. Please reach out to me if you have any questions not answered in this packet. This is my first year in this position and I expect it to be a year of growth and learning. I look forward to seeing this season in full swing! Let's play by the guidelines, enjoy the experience and create positive memories of BHYMCA Softball- Angie

League Organization:

- The governing body of this league is the Boonslick Heartland YMCA.
- The purpose of this league is to combine the interest of softball, the spirit of the community, adult recreation and sportsmanship.
- The Sports Director has the final authority to make decisions pertaining to all Adult Softball League rules and regulations.

League Eligibility:

- All players must be 18 years of age and out of high school by the first week of play.
- When a player's eligibility is in doubt, the referee must be given notice prior to the start of the game. The referee will take care of any eligibility issues.
- All players must present a picture ID.
- New players may be added to the roster during the first 3 weeks of play. For 2020 this date is 9/27/2020.
- All players must sign a 2020 liability waiver before playing. If this is not done prior to play, a game will be considered a forfeit by the team the player represents.

Free Agents:

If you are interested in playing but you do not have a team, you can place your name on a free agent list at the welcome desk. You will likely be placed on an existing team unless enough free agents sign to create a team. Once you are on your designated team, you will discuss payment with the team captain.

Registration:

To register, each team must submit the following:

1. A team roster complete with name, phone number and email address. This form also includes a captain's contract. The captain will be responsible for upholding all regulations of his/her team.
2. Signed waiver/ release of liability by all members of team
3. \$300 team registration fee. All registrations must be paid in full at the time of registration. No refunds will be given to teams who drop out. Only if the season is cancelled will refund.

Field and Equipment:

- All games will be played on Sundays with start time TBA. Due to the need to play a fall season, games will be held at Lions Park.
- All teams are required to provide their own jersey/shirts. A shirt must be worn any time when participating in YMCA events/activities.
- The following equipment is illegal: metal spikes and all jewelry with the exception of smooth wedding bands.
- Game and warm-up balls will be provided by the BHYMCA.

Game Rules:

- Games will be 6 innings and every batter will begin with a 1-1 count. No new innings may be started after 55 minutes.
- Home run rule. Only 5 homeruns allowed per team, per game. The 6th will be considered an out.
- The arc formed by the ball should be between 6ft & 12ft; the ball should be in the strike-zone of the batter when it reaches the strike plate. One of the pitcher's feet has to stay on the pitcher's plate at least until the ball is delivered.
- Runner must start only after the ball released by the pitcher has reached home plate. If they start before, they will be called out. There will be no stealing.
- There will only be 1 foul ball after 2 strikes. The next foul ball, the batter will be out.
- Bunting and chopping down on the ball is not allowed and will result in a dead ball with the batter being called out.
- Batting lineup will be alternating gender.
- Fighting will result in a ban from the league and possibly the loss of your YMCA privileges.
- Sliding: No diving to slide, no sliding into infielder.
- Outfielders: 3 outfielders may not pass the post line (when playing at Rolling Hills) before the ball is live/hit in the infield. The rover of 4th outfielder may go wherever they want.

Forfeits:

- A team may start a game with 7 registered players, more female than male on roster.
- Forfeit time is 15 minutes after a game time.
- Forfeited games will not be scored, officiated or made up.
- Teams which drop or are dropped from the league lose the right to reclaim any part of their entry fee.
- Rainy day games will be rescheduled. The Program Director will email the team manager with the new date and post on the Boonslick Heartland YMCA Facebook page.

Roster:

- A roster may include a minimum of 10 players. This includes 50% female.
- A player cannot play on more than one team in the same league.
- A player may change teams by having team manager report to the Program Director requesting his/her release; however to be added to another team's roster is pending new team manager's discretion.
- ALL PLAYERS MUST SIGN A WAIVER FORM BEFORE GAMES START.
- The team manager MUST give lineup card to the umpire and the press box before the game begins. Any discrimination may result in a forfeit.

Umpires:

- Umpires will enforce all rules on the field.
- Any issues regarding questionable eligibility needs to be brought to the umpire's attention PRIOR to the beginning of the game.
- Profanity and/or physical abuse of an official by a player or spectator will not tolerated.

What did the softball glove say to the softball?.....

Catch ya later!

Cheesy, right?



Player Conduct:

- Players will follow the YMCA Mission, "To put Christian principles into practice through programs that build healthy spirit, mind and body for all".
- All players will demonstrate the YMCA's Four Core Values: Caring, Honesty, Respect and Responsibility.
- Profanity and/or physical abuse of an official, league officials, opposing team players, and spectators will not be tolerated. Profanity may lead to one of the following: game ejection, suspension of that player, or league expulsion. Physical altercations of any kind will result in an immediate, LIFE-TIME expulsion from the league. * If a player, captain, or spectator refuses to leave, the game will be declared a forfeit. Beyond this point, the police department will be called to escort the person from the premises.
- Alcoholic beverages and tobacco (smoking or chewing) are not permitted. Any player found using will be ejected immediately from the game and could be expelled from the league by the program director.
- Game officials will enforce all rules on and off the field.
- The Program Director has the final say on all matters as it pertains to the Boonslick Heartland YMCA Adult Softball League.
- The team manager is responsible for informing all team members of the rules within this handbook.
- Manager must report any injuries immediately to a YMCA employee. If one is not present at the field, please contact Angie, Program Director at 217-246-2771.

Thank you for withholding these policies. Get creative with your team names and even if your shirts if you like. Exercise is great but having a great time will make this league even better.

Let me know if you have any questions and I look forward to meeting our team captains and players!

Angie Patrick

Sports and Wellness Director

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