

# MEMBER SPOTLIGHT

## TYSON ELLISON



**Tyson  
has been  
active at the Y  
most of his life.**

**From attending our  
youth programs to  
training for the  
sports he is  
passionate about,  
this young athlete  
is a great example  
of how the Y can  
help our next  
generation  
set and achieve  
goals.**

## **What are some of your first memories of the Y?**

**Attending afterschool care and summer camp as well as playing Y youth sports.**

## **As an athlete, how has the Y been beneficial to you?**

**The YMCA has provided the access to the equipment, space, and connection with my peers to be able to prepare for competing at a high level. The weight room has so much available, and I've used the gym for recreation basketball as well as indoor training for football when the field is too cold or the weather does not cooperate.**

**What sports are you active in? I play football and wrestle.**

## **Why do you feel the Y is good place for youth?**

**The YMCA is a great place for our youth to explore activities that can motivate and impact them for the rest of their lives. Whether they choose to continue playing a sport or not, the character built in youth sports and the life lessons you learn playing for a team are invaluable for both children and adults.**

## **You recently served as a referee for our youth basketball program. What did you enjoy most?**

**I got my start in youth sports at the YMCA and it was learning the fundamentals, being coached in a positive way, and learning how to truly compete that inspired my path as an athlete. Being a referee gave me a chance to give back to the place where it began for me, and a chance to positively influence the athletes of the future.**

**Do you know someone we should put in the spotlight?**

**Contact Angie at [angiep@bhymca.org](mailto:angiep@bhymca.org) or ask to speak to me in person.**