



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THINGS ARE HEATING UP AT THE BHYMCA



July & August Bi-Monthly Newsletter BOONSLICK HEARTLAND YMCA

BHYMCA Adventure Club

School is quickly approaching once again, and once again the BHYMCA is here with our Adventure Club Afterschool program. Providing afterschool care to children grades K-5th, the Adventure Club is a safe, wholesome environment for kids to learn and grow.

We're now also offering Before School Care! For more information, visit our website, or call and speak to our Youth Development Director!

Dates of Operation: August 16th - May 17th

Hours of Operation: 3:00 PM - 6:00 PM

Member Rates: Full Week \$30/week
Partial Week \$20/week

Non-Member Rates: Full Week \$40/week
Partial Week \$30/week

Visit the Front Desk or go online to
www.bhymca.org/after-school-program.html
to obtain a copy of the Parent Handbook & Registration Packet.

4th Annual BoMoTri

The Boonville Missouri Triathlon, or BoMoTri, is Boonville's own local Spring Triathlon hosted by the Boonslick Heartland YMCA in conjunction with the City of Boonville. Comprised of a 400 meter pool swim, a 15 mile bike and a 3.1 mile run, the BoMoTri is a true challenge!

Scheduled for Sunday, August 13th, the race will start at 8:00 AM.

\$50 Registration

Let's Glow Now

Join us for our first ever 5k Glow Run, celebrating the Solar Eclipse! This once in a lifetime event is the perfect opportunity to get out and have some run fun! Plus, glowsticks, am I right?

Scheduled for Sunday, August 20th, the race will start at 7:00 PM.

\$20 Early Registration - \$25 registration after August 14th.

Registration for all races is online at itsyourrace.com.

Special Dates To Remember

- July 4th Independence Day**
The day the Declaration of Independence was approved.
- July 22nd Hammock Day**
The official day to slow down, relax and enjoy summer!
- Aug. 10th National S'mores Day**
A day to celebrate this campfire favorite. Want some more?
- Aug. 13th Left Hander's Day**
A day for all the Southpaws of the world.
- Aug. 14th VJ (Victory in Japan) Day**
This day in 1945, Japan cabled its surrender to the US, signaling the end of WWII.

**The BHYMCA will be closed July 4th
in observance of Independence Day.**

Saying So Long to Sid!

We're sad to say that Marc Jannin, our current Youth Development Director, will be officially leaving the BHYMCA. Finishing out the Summer, he'll be leaving once Summer Camp has finished for the year. We'll miss you Marc, and we wish you the best of luck in all your future endeavors!

Stay tuned for information about the following BHYMCA programs and events

- Date TBD Healthy Happy Holidays**
Join us once again for our popular pre-new year Holiday Fitness challenge! Details will be in our Fall Guide.