

MEMBER CONNECTIONS

A newsletter for communities growing stronger together!

TURKEY TROT 12TH ANNUAL 5K BOONSLICK HEARTLAND YMCA



When: Thanksgiving Day
Thursday, November 26th
Time: 8:00 am
Where: BHYMCA
757 3rd Street

Individual: \$20
Child: \$12.50
Family (3 or more): \$15/person

A fun, socially distanced, family-friendly event that will leave you feeling better the rest of the weekend!

REGISTER AT www.itsyourrace.com

HOLD YOUR WEIGHT FOR THE HOLIDAYS HOLIDAY WELLNESS CHALLENGE BOONSLICK HEARTLAND YMCA

Each year we look forward to holiday celebrations with family and friends and enjoy the experience with heavy meals and desserts. Join this 7 week challenge to help take care of yourself during the stressful holidays!



GOAL: Hold your weight; stay within 2lbs OR lose weight

WHEN: November 16th - January 4th

HOW: The Y will provide healthy recipes, accountability and more!

PRIZES: Drawings throughout for surprise prizes, free membership and your health!

Members: \$5

Non-Members: \$25 (includes 10 FREE fitness class passes-\$50 value!)



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BOONSLICK HEARTLAND YMCA

EARLY CHILDHOOD LEARNING CENTER

November 2020

www.bhymca.org | 660.882.8500

UPCOMING EVENTS

YOUTH WRESTLING

HIT THE MATS

Great for beginners and experienced wrestlers alike! Registration is open now! See back for details.

HEART MATTERS

CPR & FIRST AID TRAINING

The next class to be offered to become certified is NOVEMBER 17TH at 6:15pm

SWIM TEAM

BLUE MARLINS PRACTICE SQUAD

Come swim with us and stay in swim team shape this season!

SWIM LESSONS

GROUP & PRIVATE LESSONS

A variety of classes available for anyone interested in learning to swim or improve their swim skills! See back for more information.



The facility will still be available for 24/7 access members.

STAY CONNECTED!



NEW & IMPROVED
JUST LIKE YOU

DOWNLOAD THE UPDATED APP TODAY!



WINTER SPORTS REGISTER TODAY!

YOUTH

YOUTH WRESTLING

Practices are T/TH starting 11/3
Members - \$65 Non-Members - \$90

(Ages 4-14)

YOUTH BASKETBALL LEAGUE

Season Dates: 1/16/2021 - 2/20/2021
Registration opens 11/16
Members - \$25 Non-Members - \$50

(Ages 3-11)

ADULT

BASKETBALL

STAY TUNED FOR MORE INFO!

SOMETHING NEW IS COMING FOR YOU!



Stay tuned for an **EXCITING** upgrade coming to your YMCA this month! Watch our Facebook page for more details!

YOUR HEALTH ON YOUR TIME!

For a low monthly fee, any member 18 years of age or older can now **access our facility 24/7...365 days a year!**



\$40,000

90%
80%
70%
60%
50%
40%
30%
20%
10%

PARTNERS WITH YOUTH CAMPAIGN UPDATE:

Thanks to your generosity we have raised about 57% of our goal!

To donate, you can stop by the Y with cash, check or card, OR you can donate online!

FREE GRAB & GO MEALS

BOONSLICK HEARTLAND YMCA

The Boonslick Heartland YMCA will be providing Grab & Go meals to youth in Boonville and any surrounding communities. Meals will include five days worth of breakfast, lunch, supper and evening snack.



Thursdays 4:30-6:30 pm
An enrollment form **MUST** be filled out a week prior to participating.

HIT THE MATS!

Youth Wrestling Program BOONSLICK HEARTLAND YMCA

A competitive wrestling team geared towards both veterans and beginners!
Season runs November through March.

Season practices are held T/Th starting 11/03/2020

REGISTER TODAY!



GET YOUR SWIM ON

Group and Private Swim Lessons BOONSLICK HEARTLAND YMCA

Monday/Wednesday
8-classes, 1/2 hour each
NEW SESSIONS BEGIN EACH MONTH

Starting November 2nd

GROUP LESSON: Members \$30 Non-Members \$55
Now offering Parent/Child, Beginner, & Advanced Beginner!

PRIVATE LESSON: Members \$75 Non-Members \$100

SEMI-PRIVATE: Members: \$100 Non-Members \$120

2-4 students: could be a group of friends or relatives wanting to take a class together!

Email Vanessa Dorman at vanessad@bhymca.org with questions



SCHOOLS OUT DAY CAMP

Full Day Care on Scheduled School Closings
BOONSLICK HEARTLAND YMCA

UPCOMING DATES:

NOVEMBER 2ND, 25TH & 27TH

MEMBERS: \$20

NON-MEMBERS: \$30



A safe and fun place for your child to go for the day when there is no school! Meals, games, and more!

REGISTER NOW!

Coincides with the Boonville School District